

St. Alban's Episcopal Church

Franklin Lakes, Oakland & Wyckoff

First Sunday of Lent ~ Year A

February 26, 2023



Welcome To St. Alban's Episcopal Church

Rev. Fr. David B. Rude, Presiding

“Welcoming All to Share God’s Love”

OPENING HYMN #8

Please join in our opening hymn # 8, "Morning has broken"

Unison or harmony

1 Morn-ing has bro - ken like the first morn - ing,
2 Sweet the rain's new fall sun - lit from hea - ven,
3 Mine is the sun - light! Mine is the morn - ing

black-bird has spo - ken like the first bird.
like the first dew - fall on the first grass.
born of the one light E - den saw play!

Praise for the sing - ing! Praise for the morn - ing!
Praise for the sweet - ness of the wet gar - den,
Praise with e - la - tion, praise ev - ery morn - ing,

Praise for them, spring - ing fresh from the Word!
sprung in com - plete - ness where his feet pass.
God's re - cre - a - tion of the new day!

The musical score consists of four systems, each with a treble and bass staff. The lyrics are written below the treble staff. The first system includes three numbered lines of lyrics. The second system continues the lyrics. The third system continues the lyrics. The fourth system concludes the lyrics. The music is in a simple, hymn-like style with a steady rhythm.

THE PENITENTIAL ORDER

Celebrant Bless the Lord who forgives all our sins;
People His mercy endures for ever. Amen.

THE DECALOGUE *(Please kneel as you are able)*

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol.
Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.
Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.
Amen. Lord have mercy.

Honor your father and your mother.
Amen. Lord have mercy.

You shall not commit murder.
Amen. Lord have mercy.

You shall not commit adultery.
Amen. Lord have mercy.

You shall not steal.
Amen. Lord have mercy.

You shall not bear false witness.
Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.
Amen. Lord have mercy.

Jesus said, "the first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Celebrant Let us confess our sins against God and our neighbor.

Moment of silence may be kept

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Celebrant: Lord, have mercy.
People: Christ, have mercy.
Celebrant: Lord, have mercy.

COLLECT OF THE DAY

Leader: The Lord be with you.
All: **And also with you.**
Leader: Let us pray together.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

FIRST READING

Genesis 2:15-17; 3:1-7

A Reading from the Book of Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Hear what the Spirit is saying to God's people.

Response: Thanks be to God.

Psalm 32

The psalm appointed for this morning is Psalm 32.

We will read it responsively by half verse.

Happy are they whose transgressions are forgiven,
and whose sin is put away!

Happy are they to whom the Lord imputes no guilt,
and in whose spirit there is no guile!

While I held my tongue, my bones withered away,
because of my groaning all day long.

For your hand was heavy upon me day and night;
my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you,
and did not conceal my guilt.

I said, "I will confess my transgressions to the Lord."
Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble;
when the great waters overflow, they shall not reach them.

You are my hiding-place;
you preserve me from trouble;
you surround me with shouts of deliverance.

THE GOSPEL *(Please stand)*

Matthew 4:1-11

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Matthew
People: **Glory to you Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread."

But he answered, "It is written,

'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Clergy: The Gospel of the Lord
People: **Praise to you, Lord Christ.**

SERMON

Rev. Fr. David B. Rude

THE NICENE CREED *(in unison)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified.



He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS *Members of the congregation are invited to lead one of the petitions as they feel led by God's Spirit. If more than one person begins at the same time, please continue to read together.*

Our great God has formed the dust of our being in the midst of the waters of creation. Let us adore the Righteous One, saying: O God, feed us with mercy: Lord, hear our prayer.

For the tree of Golgotha, our true tree of life, by whose just fruit we live, the church worships you, O God. May your people ever praise and serve you and all the world's people.
O God, feed us with mercy: **Lord, hear our prayer.**

O God of the seas and rains, we praise you for watering and sustaining all things living. We bless you for the waters flowing from Jesus' pierced side. Give to all candidates of baptism, and to all baptized, the sure hope of your grace. O God, feed us with mercy: **Lord, hear our prayer.**

Send us to the nations where there is a famine of the word; show us those who await the bread of life; and comfort us with those who suffer in hunger. May our abundance supply their need.
O God, feed us with mercy: **Lord, hear our prayer.**

Lord and judge of all, confirm what is good and just in the hearts of those who rule the nations. Make all in authority to govern in justice the peoples whom you have made.
O God, feed us with mercy: **Lord, hear our prayer.**

For all who desire wisdom, for all who need hands to bear them up, for the naked and the outcast, for the sick and the dying especially *Lauren, Carolyn, Lisette, Pat, Jim, John, and Melissa*, for all in need of your gift of abundant health, we pray for your mercy:
Lord, hear our prayer.

We remember in our Parish Cycle of Prayer Tom, Toni, Allison, Melissa and Jennifer Pflugh.
O God, feed us with mercy: **Lord, hear our prayer.**

O God, give your holy angels charge over us, and bring us who live in the wilderness from waters of baptism into the garden of your great love, where we will be no longer in hunger, but filled with your life forever, through Christ our Lord. Amen.

If you would like to add a name to the prayer list, please email the parish office.

Prayer Requests

THE PEACE *(Please stand as you are able)*

Celebrant: My brothers and sisters, the peace of the Lord be always with you!
People: **And also with you!**



BIRTHDAYS, ANNIVERSARIES, MILESTONES

Please come forward during the singing if you have a milestone to mark. Please allow us the privilege of sharing your celebrations in this family of faith.



FEBRUARY / MARCH MILESTONES

1st Sophia Young



OFFERTORY SENTENCE

Celebrant Let us with gladness present the offerings of our life and labor to the Lord.

Please join in singing our Offertory Hymn # 149, "Eternal Lord of love, behold your church"

OFFERTORY HYMN #149 vs. 1 & 2

"Take my life, and let it be"

Unison or harmony

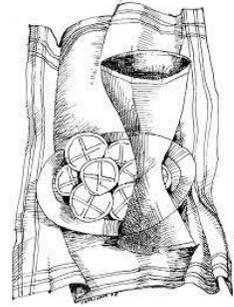
1 E - ter - nal Lord of love, be - hold your Church
2 So dai - ly dy - ing to the way of self,
3 If dead in you, so in you we a - rise,
walk - ing once more the pil - grim way of Lent,
so dai - ly liv - ing to your way of love,
you the first - born of all the faith - ful dead;
led by your cloud by day, by night your fire,
we walk the road, Lord Je - sus, that you trod,
and as through ston - y ground the green shoots break,
moved by your love and toward your pres - ence bent:
know - ing our - selves bap - tized in - to your death:
glo - rious in spring - time dress of leaf and flower,
far off yet here— the goal of all de - sire.
so we are dead and live with you in God.
so in the Fa - ther's glo - ry shall we wake.

Together All things come from thee, O Lord, and of thine own have we given thee.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

Celebrant God be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give God our thanks and praise.



It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Celebrant Therefore we proclaim the mystery of faith:

Christ has died. Christ is Risen! Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with Alban and all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. Amen.

And now let us pray as our Savior Christ has taught us (*said*)

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the Kingdom, and the power, and the glory forever and ever. Amen.

THE BREAKING OF BREAD

Celebrant Christ our Passover is sacrificed for us.
 People Therefore let us keep the feast.

HYMN #333

“Now the silence”

Now the si - lence Now the peace Now the emp - ty
 hands up - lift - ed Now the kneel - ing Now the plea
 Now the Fa - ther's arms in wel - come Now the hear - ing
 Now the power Now the ves - sel brimmed for pour - ing
 Now the Bo - dy Now the Blood Now the joy - ful
 cel - e - bra - tion Now the wed - ding Now the songs
 Now the heart for - giv - en leap - ing Now the Spi - rit's
 vis - i - ta - tion Now the Son's e - piph - an - y
 Now the Fa - ther's bless - ing Now Now Now

Celebrant So, come to this table, you who have much faith and you who would like to have more. You who have been to this sacrament often, and you who have not been for a long time. You who have tried to follow Jesus, and you who have failed. Come.

It is Christ who invites us to meet him here.

COMMUNION HYMN # 325 vs. 1 & 2

“Let us break bread together on our knees”

**Please join in singing the Communion Hymn # 325,
“Let us break bread together on our knees”**

1 Let us break bread to - geth-er on our knees; _____
2 Let us drink wine to - geth-er on our knees; _____

let us break bread to - geth-er on our knees; _____
let us drink wine to - geth-er on our knees; _____

Refrain
when I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer-cy on me. _____

3 Let us praise God to - geth-er on our knees; _____

let us praise God to - geth-er on our knees; _____

Refrain
when I fall on my knees, with my face to the ris - ing sun,

O Lord, have mer-cy on me. _____

*When you return to your seat, we invite you to hold the following people in prayer;
especially Lauren, Carolyn, Pat, Jim, John, Lisette, and Melissa.*

THE POST COMMUNION PRAYER (Together)

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with the spiritual food in the Sacrament of his body and blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

LENTEN PRAYER

Merciful God, you have called us forth from the dust of the earth; you claimed us for Christ in the waters of baptism. Look upon us as we walk these Forty Days and bless our journey through the desert of Lent to the font of rebirth. May our fasting be hunger for justice; our alms, a making of peace; our prayer, the chant of humble and grateful hearts. All that we do and pray is in the name of Jesus, for in his cross you proclaim your love for ever and ever. Amen.

Celebrant: Grant most merciful God, to your faithful people pardon and peace that they may be cleansed of their sins and serve you with a quiet mind; through Jesus Christ our Lord. Amen.

BRIEF ANNOUNCEMENTS

Please join in singing our Recessional Hymn # 150, "Forty days and forty nights"

RECESSIONAL HYMN #150 vs. 1, 2 & 5

"Forty days and forty nights"

The image shows a musical score for the hymn "Forty days and forty nights". It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The lyrics are printed below the vocal line. The first system covers verses 1 through 5. The second system covers verses 1 through 5. The key signature is one flat (B-flat), and the time signature is common time (C).

1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

DISMISSAL Let us go forth in the name of Christ.
Thanks be to God.

First Sunday
in
Lent